

# CRESCIANO BOULDER

A cura di:  
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Roberto Grizzi  
Renzo Lodi





# “2002... 2023”.

21 years have gone by since we embarked on the exhilarating adventure of publishing the first guide to the boulders of Cresciano as part of the "TicinoBoulder" chain.

These 21 years are no more than the blink of an eye, an insignificant time lapse, when compared to the geological ages and the history of the boulders spread throughout the slopes of the Ticino mountains.

They crashed from steep mountainsides following the slow retreat of a gigantic glacier which extended from the mountain summits (not yet called St. Gotthard back in the times) creeping all the way into the low plains. The boulders were deposited on the flats and on gentle mountainsides and remain there, thousands of years later.

They silently witnessed the passing of time and for thousands of years have seen history coming and going, finally reaching our times.

They have seen the first nomadic hunters venturing into the mountains and alpine passes, pilgrims on their way to the holy city of Rome, the drum-roll and swearing of thousands of soldiers heading south to conquer or pillage; the echoes of the battles' noise; the water's harrowing roar which left a path of destruction and death all the way to Bellinzona after the great landslide of the Blenio valley had collapsed. The seemingly infinite column of Russian soldiers fleeing northwards; the hard work of peasants and woodcutters. Many humble stories of villages and valleys; the railway and the first steam engines; the explosions of mines in the quarries, the motorway and the Alptransit railway tunnel....

The unbelievable evolution of rock climbing also dates from these most recent years. The climbers come here, observe the boulders, seek a line, try it, stroke or pinch the rock. They cheer their friends on, sometimes succeeding other times not; commenting and exchanging beta. Returning to retry a line or to explore new lines and challenges. Some of them are famous others not, but all of them are linked by this same passion and they are all chasing their dreams and projects, may they be large or small.

“Dreams”...

This is how as the years have passed "CrescianoBoulder" has established itself and reached the 5th edition.

Having contributed to this growing movement and seeing the result of our challenging work in print fills us with pride and satisfaction and is a real source of joy for us authors.

The new guidebook has grown thanks to the efforts of other climbing friends (locals and from elsewhere) who have discovered and developed new sites. Today we can unveil other very interesting bouldering areas, little jewels so far unknown to most. Preonzo, Prosito, Lodrino, Biasca and Malvaglia have been added to the well-known historic sites of the area. These areas are appealing for everyone (including families), there are lines of all grades and for all tastes.

A multitude of boulders, still in the same position as thousands of years ago, is waiting for you to create and tell your very own story.

Enjoy them and have fun.

***Claudio, Renzo, Roberto***

# “Dreams”

Have you ever wondered why us climbers are so drawn to the rocks? A sense of deep joy is present in each one of us in the morning when we get ready to go out in the woods. Climbing somehow has every ingredient for a recipe of passion. Through the years we realize that climbing becomes a way of life, a vital energy that gives motivation to look forward with positivity. I started climbing at a very young age with my parents. Since the very beginning there was a fire burning whenever I had the chance to touch some rock. I clearly remember the first time I went to Fontainebleau when I was 4. Walking into Bas Cuvier was literally like being in a candy shop. I started jumping around between every boulder, happy as never before. As far as I can remember, climbing occupied most of my free time. At around 15 I started regularly climbing in Cresciano after school. My mom would bring me up and I would bus down. Cresciano is also the place where I learned the most about climbing. The rock is very solid with a good amount of crimps. To climb well on this particular type of rock you need cold temperatures and dry weather. This means that you have to climb well and be precise on the holds. If you're used to climb in the gym, it will take a while to get adapted to the small pebbles and crystals that characterize most of the boulders.



Sending **Dreamtime** (2015)

📷 Stefan Kuerzi





Cresciano / Settore Letamaio  
Sending **Don't look up** 8b+/8c (2022)  
📷 Rainer Eder

Among many king lines, one boulder in particular has made the history of bouldering: Dreamtime. The stone sits on top of a hill and is shaped in a way that it's possible to climb on every side of it. Facing the cliff there is Dreamtime and facing the talus there is The Story of two worlds. I remember when I was 12, dreaming of climbing Dreamtime. Later on, when I was 16, the Story of two worlds went down first and I needed one more winter to climb Dreamtime. Even if it was 10 years ago, I clearly remember both moments very well. This boulder not only hosts these two masterpieces, but also many different lines and variations and still a few futuristic projects. I think that for many climbers (including myself) this boulder represents a milestone for their career.

What's really good about Cresciano is that you can train very well two of the most important things in climbing: finger power and technique. I would go as far as saying that Cresciano is the place that taught me the most about climbing. If you want to improve your climbing come here because this rock is a great teacher. Last but not least, I take advantage to remind everybody that nature is sacred. Whenever we're in the woods we should try to pay attention to the nature, embrace it, love it, keep it clean and calm. Climbing is a natural activity, beautiful in itself. If we are aware of our surroundings we can make this experience more sustainable and enjoyable than ever before.



# Ambiente.

L'arrampicata si svolge su massi granitici (Gneis) di ottima qualità, che propongono una grande varietà di stili, passando dalle placche agli strapiombi senza dimenticare i muri a tacchette.

Lo stile d'arrampicata è generalmente tecnico, in diversi passaggi si richiede comunque una buona forza nelle dita.

Se da un lato la roccia molto ruvida favorisce una buona aderenza, dall'altro consuma rapidamente la pelle delle dita.

Il periodo migliore per arrampicare a Cresciano è quello che va da settembre ad aprile.

## Environment.

Climbing develops on granite boulders (Gneis) of great quality, which allow a wide variety of styles: from slabs to overhangs without forgetting the crimps walls.

The climbing style is usually technical, but for various problems a good finger strength is required.

The very rough rock allows a good adhesion, but it rapidly wear out the fingers' skin.

The best time to climb in Cresciano is from September to April.

## Umgebung.

Geklettert wird an Granitfelsen (Gneis), welche von optimaler Qualität sind und sich für sehr viele Stile eignen, von der Platte zum Ueberhang, ohne dabei die Wandkletterei zu vergessen.

Der Kletterstil ist im allgemeinen technisch, in verschiedenen Passagen wird jedoch eine gute Fingerkraft verlangt.

Auf der einen Seite bietet der raue Fels eine gute Reibung, auf der anderen Seite ist die Abnützung der Fingerhaut sehr gross.

Die beste Jahreszeit zum Klettern ist jeweils von September bis April.

Marco Müller

Cresciano / Settore Nuova Tribuna Centrale

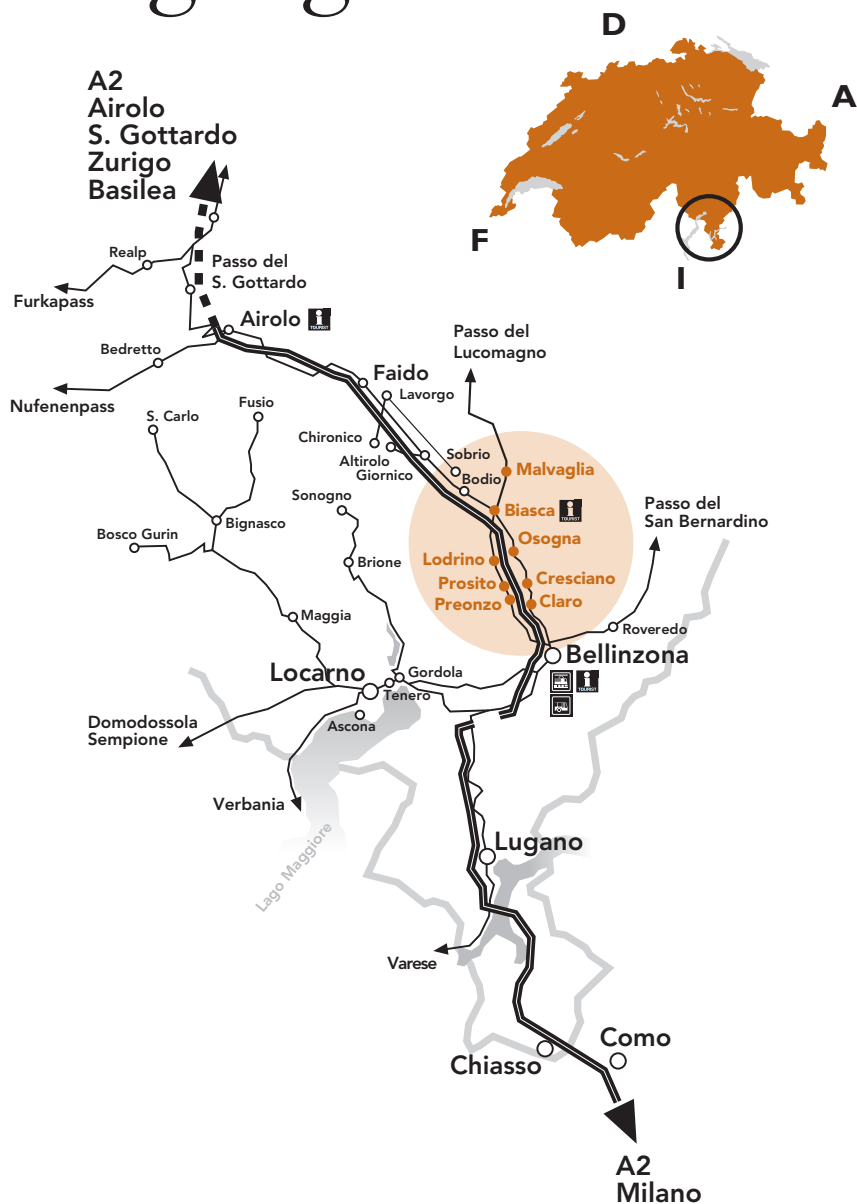
Iur 8b+

Thomas Müller





# Come arrivare: accessi. How to get here: access. Wie man ankommt: Zugänge.





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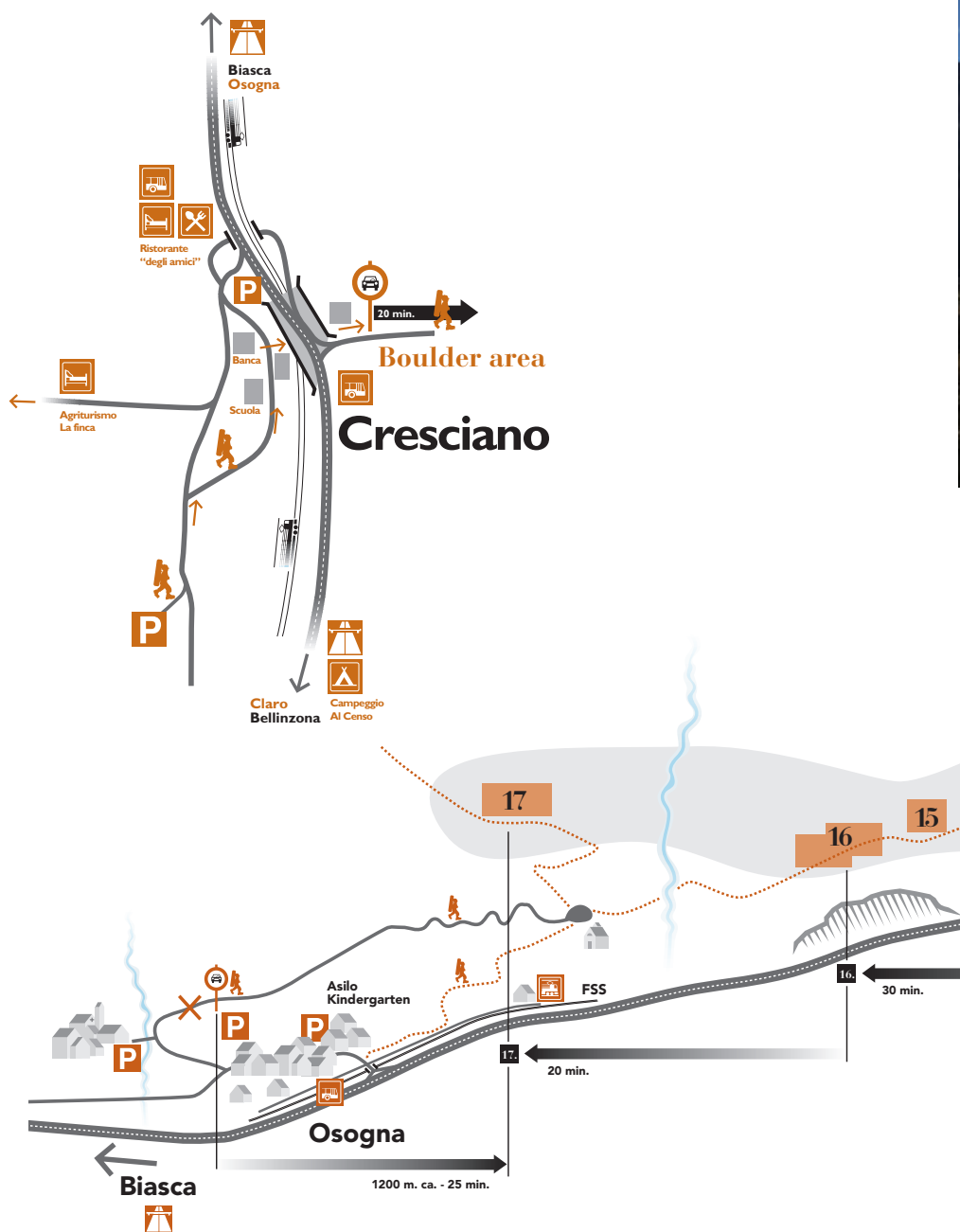
# Simboli. Symbols. Symbole.

	Partenza seduto (PS)	Sit down start	Sitzstart
	Passaggio meritevole	A very good problem	Sehr lohnendes Problem
	Placca	Slab	Platte
	Verticale	Vertical	Senkrecht
	Strapiombo	Overhang	Überhang
	Tetto	Roof	Dach
	Appigli svasati (piatti)	Rounded holds	Abgerundete Griffe
	Forza	Power moves	Power moves
	Dita	Fingery climbing	Kleingriffige Kletterei
	Allungo	Long reach	Weiter Zug
	Traversa (T)	Traverse	Traverse
	Prima salita with Knee pad	First ascent with Knee pad	Erstbesteigung mit Knee pad
	Passaggio esposto e/o caduta potenzialmente pericolosa	High finish; or with bad landings	Hoher Ausstieg, gefährliche Stürze möglich
	Highball Molto pericoloso!	Highball Very dangerous!	Highball Sehr gefährlich
	 Punto di partenza	Start	Start
	Linea	Line	Linie
SX	Sinistra	Left	Links
DX	Destra	Right	Rechts
	Foto	Photo	Photo
... m	Altezza approssimativa del passaggio in metri	Indicative height in metres of the route	Ungefähre Höhe des Problems in Metern

# Glossario. Glossary. Glossar.

Aderenza	Friction	Reibung
Appiglio rovescio	Undercling	Untergriff
Appiglio/Presa	Hold	Griff
Bidito	Two-fingered hold	Zweifingerloch
Buco	Hole	Loch
Bimano	Both hands	Zwei Hände
	on the same hold	auf dem gleichen Griff
Diedro	Diedre (open-book)	Verschneidung
Difficile	Difficult/Hard	Schwer
Discesa	Descent	Abstieg
Facile	Easy	Leicht
Fessura	Crack	Riss
Fossa	Ditch start (below normal ground level)	Graben
Grotta	Cave	Grotte
In piedi	Standing	Stehend
Mano	Hand	Hand
Monomovimento	Single movement	Einzelbewegung
Orizzontale	Horizontal	Horizontal
Parata	Spot	Spotten
Partenza	Start	Start
Partenza seduti (PS)	Sitting start	Sitzstart
Partenza sdraiati	Lying down (supine) start	Liege Start
Passaggio	Problem	Problem
Piedi	Feet	Füße
Placca	Slab	Platte
Progetto	Project	Projekt
Ristabilimento	Mantel	Mantel
Salto da terra	Dynamic start from ground	Sprung von Boden
Sasso/Masso	Rock/boulder	Stein
Sentiero	Path	Weg
Senza/con	Without/with	Ohne/mit
Spigolo/Prua	Edge/Arete	Kante/Pfeiler
Strapiombo	Overhang	Überhang
Svasi/Piatti	Rounded holds	Runde Griffe
Tacchetta/lista/reglette	Edge	Leiste
Tetto	Roof	Dach
Traversa (T)	Traverse	Traverse
Uscita	Exit	Ausstieg
Variante	Variant	Variante
Verticale	Vertical	Senkrecht

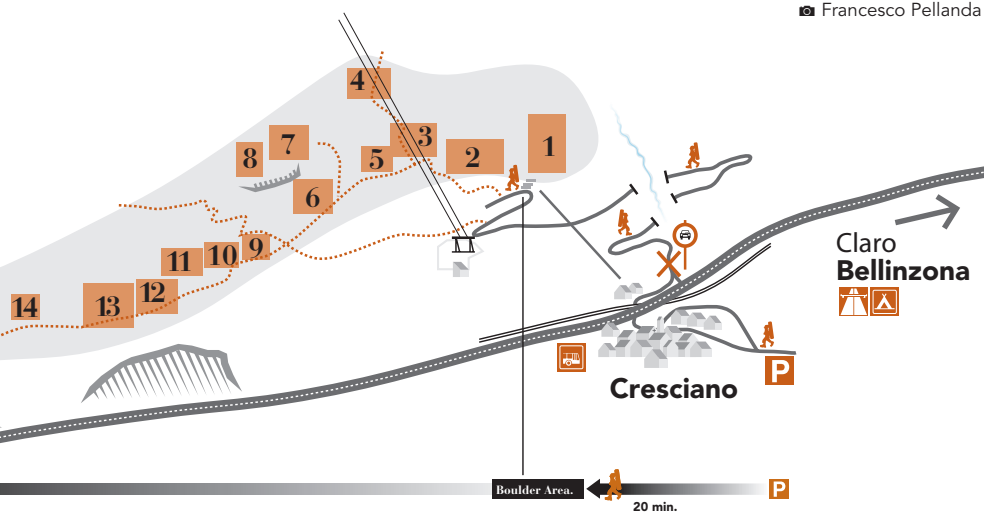
# Cresciano area boulder.



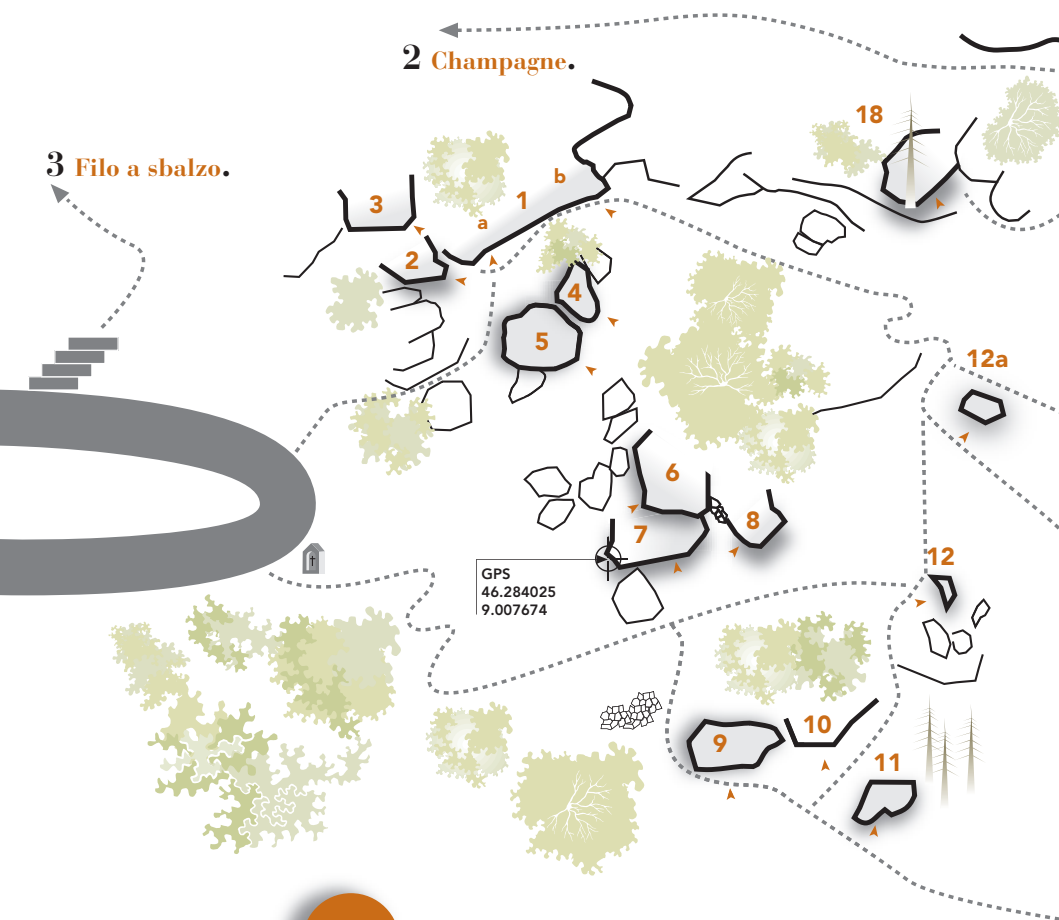




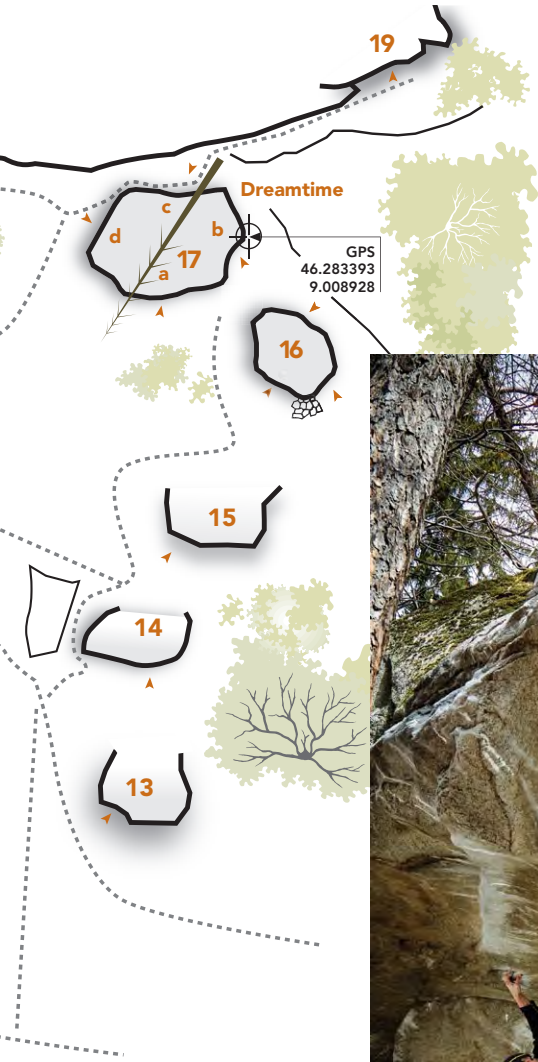
Francesco Pellanda



# 1 Dreamtime.



DIFFICOLTÀ	PASSAGGI
3 > 5+	10
6a > 6b	21
6b+ > 6c	9
6c+ > 7a	9
7a+ > 7b	14
7b+ > 7c	5
7c+ > 8a	4
8a+ > ...	15

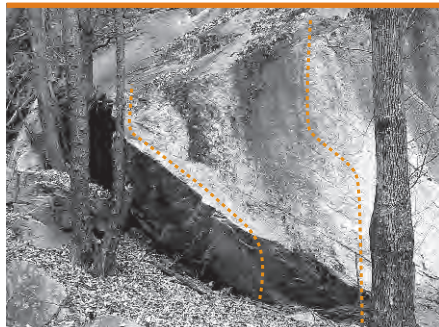


Jorg Verhoeven  
**The dagger** 8a+/8b  
Stefan Kuerzi



### Masso 01a

4 > 7 m



1 2

1 Fantoman  7b+

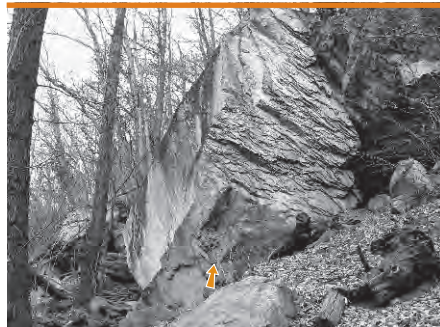


2 Last Samurai  8a



### Masso 01b

8 m



3

3 Allerta 4  6b+



### Masso 02

3 m



1

1 Bravissimo  6a+



### Masso 03

4 m



1

1 Stabile Boss  6b



### Masso 04

4 m



1

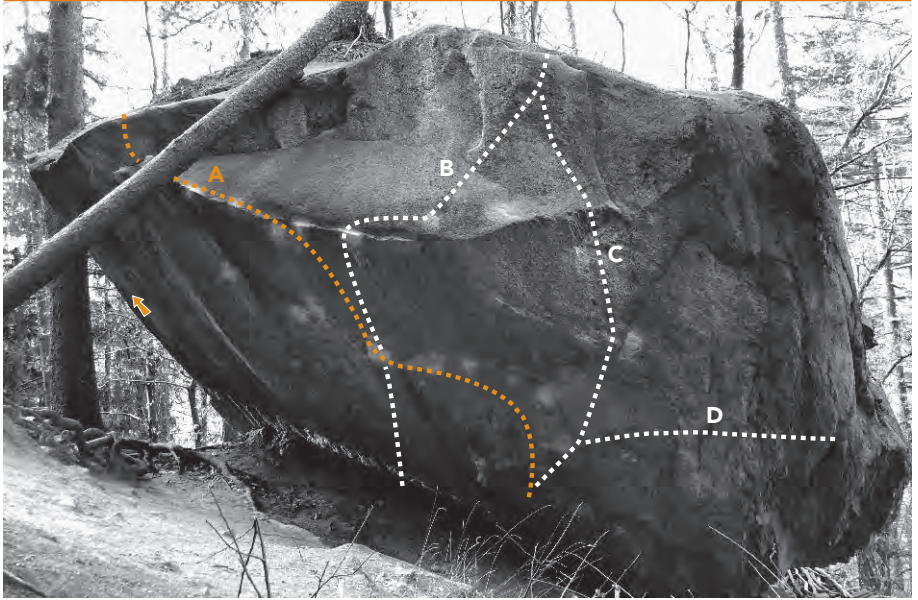
1 Buio pesto  7b



Senza masso sottostante

## Masso 17d

5 m



13

14

15

**14A Dreamtime Stand**

8a+



**14B Somnolence**

8b

1° J. W. 2018



**15A Dreamtime**

8b+/8c

1° F. N. 2000  
Post break A.O. 2009



**15B Return of the Dreamtime**

8c+

1° Y. F. 2023



**15C REM**

8c

1° G. C. 2019



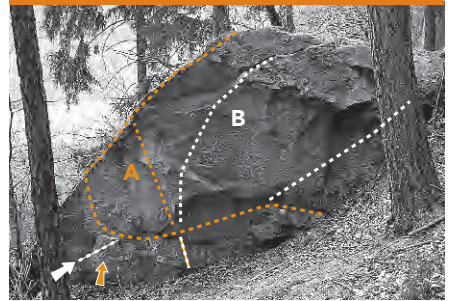
**15D Disco sucks fucks everything**  8a

1° M. B.



## Masso 18

4 m



1

2

3

4

**1 Traverse green day**

7c

Lunga traversa da sx a dx



**2 Hefetrüb**

6c+

Uscita come n. 4



**3A Mediomen**

7a+



**3A Mediomen Sit**

7b



**3B Kerplunk**

8a/8b

Morpho  
1° T. L.



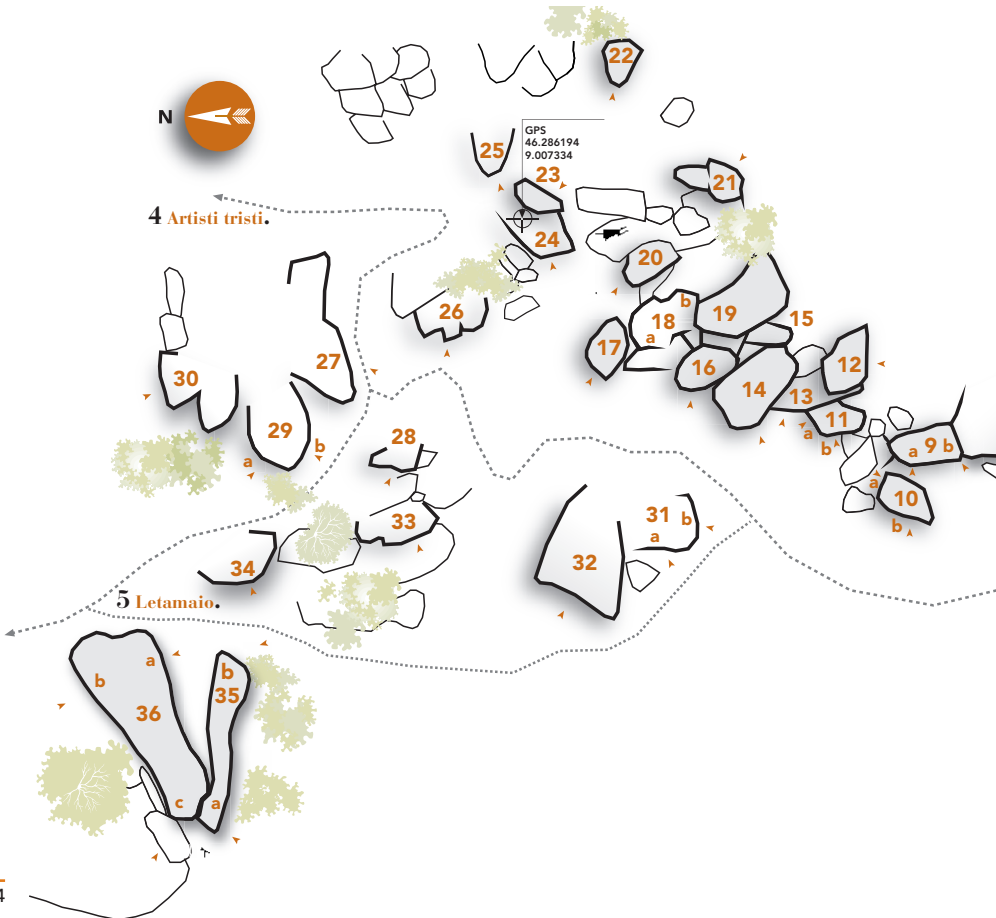
**4 Vasaloppet**

6c



# 3 Filo a sbalzo.

DIFFICOLTÀ	PASSAGGI
3 > 5+	21
6a > 6b	34
6b+ > 6c	33
6c+ > 7a	21
7a+ > 7b	14
7b+ > 7c	15
7c+ > 8a	5
8a+ > ...	7





Marine Thevenet

**La pelle 8a**

📷 Clément Lechaptois

# 11 Nuova tribuna centrale.



12 Naso di Zmutt.

13 La Boule.

N



DIFFICOLTÀ	PASSAGGI
3 > 5+	12
6a > 6b	18
6b+ > 6c	21
6c+ > 7a	7
7a+ > 7b	8
7b+ > 7c	2
7c+ > 8a	1
8a+ > ...	5



Masso 01a

4 m



1 2

1 Salto e reta  6b



2 Happy Apple  7c



Usare il grosso masso sottostante  
1° B. Z.

Masso 02

8 > 4 m



1-2 3 4

1 Grande crack  6c



Fessura

2 Silmarillon  7c+



3 Wasabi  7a+

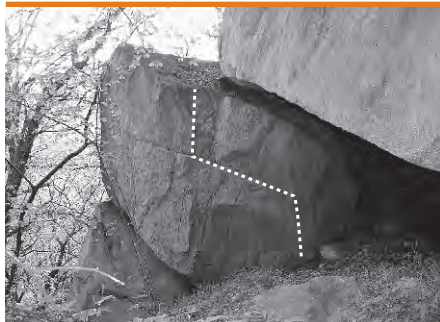


4 Active.ch  6b



Masso 01b

4 m



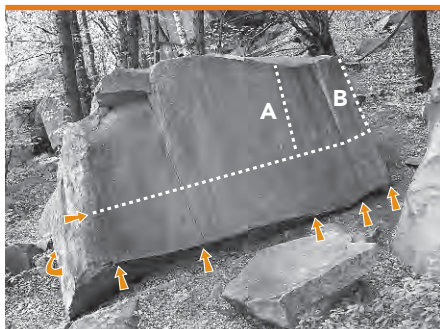
3

3 Just because  5+



Masso 03

4 m



1-2 3 4 5 6 7

1 Giravolta  5



2A Misero Manicone  7a



Uscita come n. 5

2B Manicone  6c



Uscita come n. 7

3 Basta pasta  4+



4 Clean-Ex  6a



5A Misery  6c



6 Basta spigoli  6b



Sulla placca senza usare lo spigolo

7 Basta placche  5



Spigolo



Giuliano Camerini

**Iur 8b+** (first ascent 2017)

📷 Samuel Ometz



### Masso 04

4 m



1 2

1 All this for you  7a+



2 English corner  7b+/E8



### Masso 05b

4 m



3

3 Oregiatt sinphony  6b+



### Masso 07

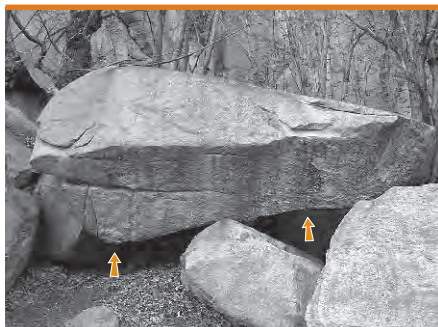
4 m



1 2 3

### Masso 05a

3 m



1 2

1 Col piffero  6b+



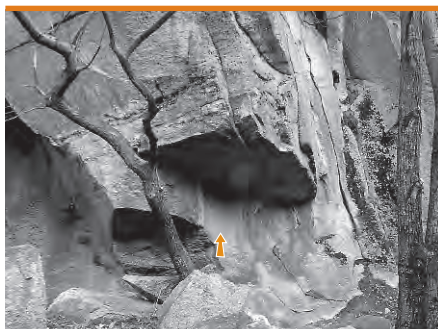
2 Star Trek  6b+



Salto e ...Vial

### Masso 06

4 m



1

1 Guai se mi tocchi  6c



Discesa dalla pianta!

1 Ma che colpa abbiamo noi!  6b+



2 La nave dei folli  6c

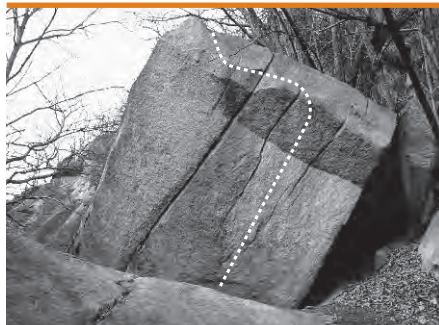


3 La nave dei falli  6a



## Masso 08a

5 m



1

- 1 **Great Escape**  8b  
 Spettacolare  
 1° G. C. 2017



## Masso 09

5 m



1 2 3 4

- 1 **Strana partenza**  6b+



- 2 **Zeta Beta**  6b



- 3A **Cadeau pour Beppe**  7a+



Uscita come n. 2

- 3B **Steini trav's**  8a+



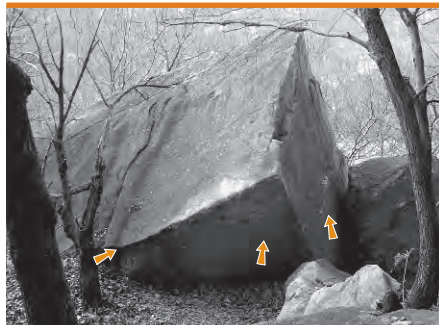
- 4 **Boia d'un can**  6c



Uscita come n. 2

## Masso 08b

4 m



2

3

4

- 2 **Colpo di scena**  7a  
 Hard!



- 3 **Salasso in vista**  6a+



- 4 **Super offerta**  5



## Masso 10

4 m



1

2

3

- 1 **Meno 30**  7a



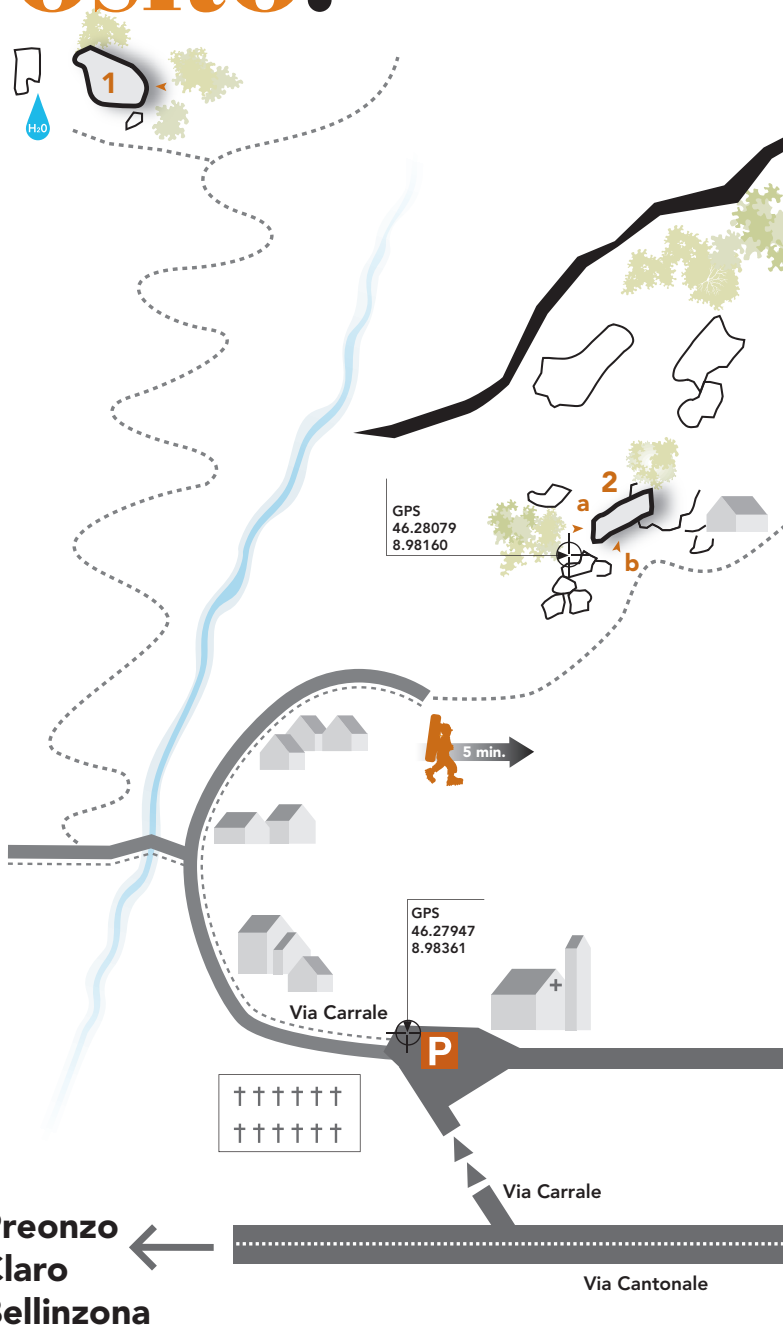
- 2 **Rüt**  6a+

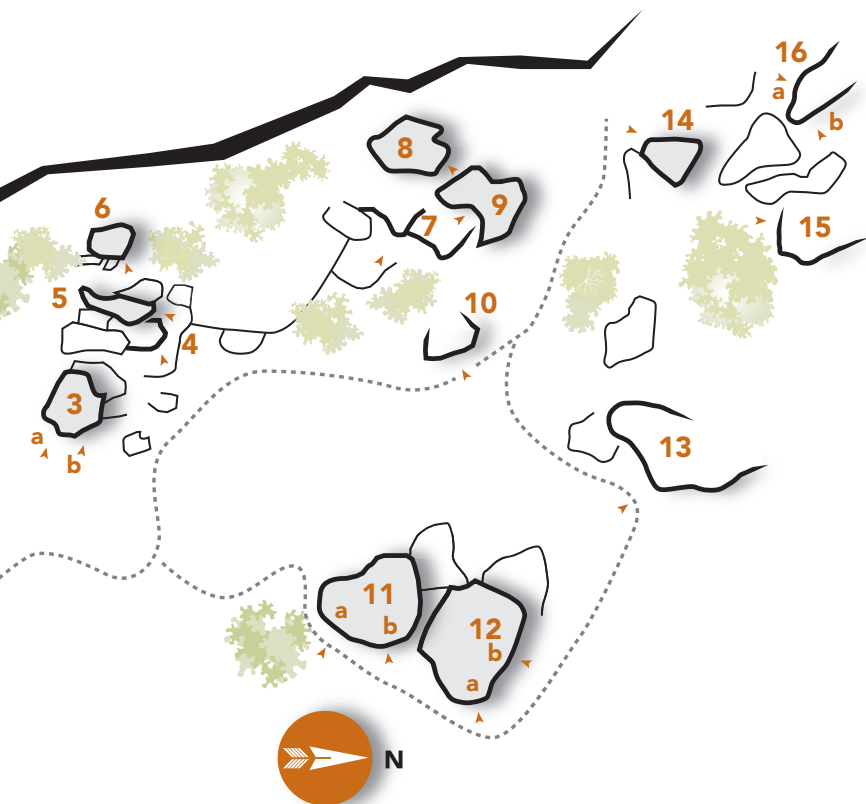


- 3 **Drei Füße**  4



# 24 Prosito.





DIFFICOLTÀ	PASSAGGI
3 > 5+	8
6a > 6b	7
6b+ > 6c	10
6c+ > 7a	8
7a+ > 7b	9
7b+ > 7c	8
7c+ > 8a	1
8a+ > ...	1



Mattia Brenna

Fiesta 7b

© Stefan Kuerzi



## Masso 01

5 m



1-2

- 1 **Space jam**  7b  
 Partenza seduti del n. 2

- 2 **Jabba the hutt**  7a  
 Partenza in piedi del n. 1

## Masso 02b

4 m



2 3 4 5

- 2 **Grand Hotel**  7b

- 2 **Grand Hotel Stand**  7a

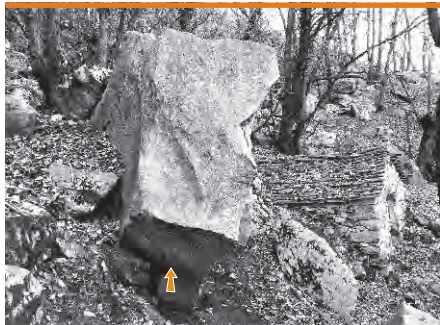
- 3 **Project**  ...  
 Bellissima linea

- 4 **Topolino**  7a+

- 5 **Terre à terre**  5+

## Masso 02a

4 m



1

- 1 **Chicco lungo**  7c  
 Morpho

- 1 **Chicco lungo stand**  6a+

## Masso 03a

4 m



1 2 3 4

- 1 **Il fuco nel buco**  6c  
 Partenza dal fosso

- 2 **Boccalino**  7b+

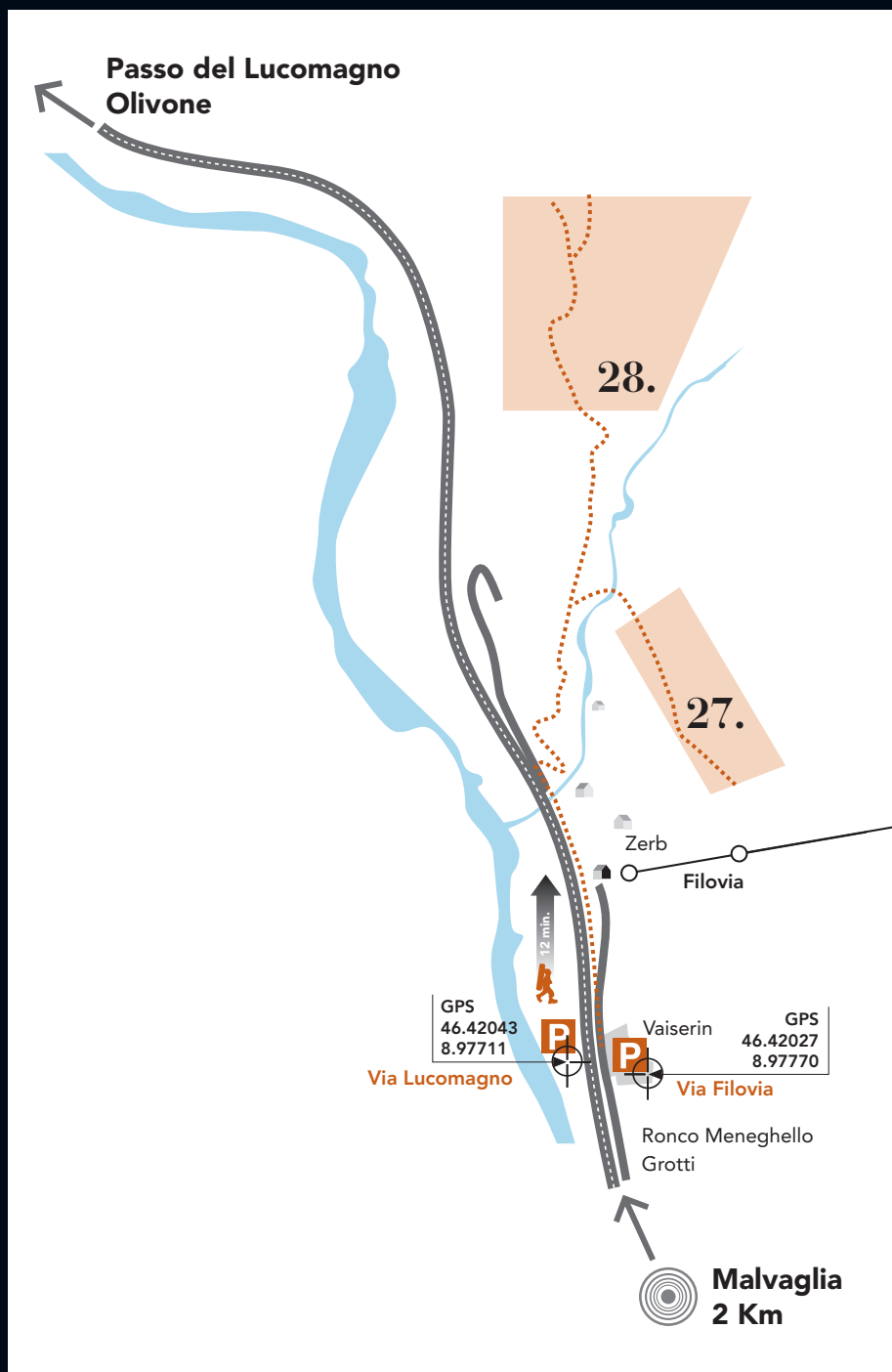
- 3 **Boccalone**  6c  
 Senza salto da terra

- 4 **Pro sit**  7b+  
 Presa piatta mano sx  
 Tacca verticale mano dx



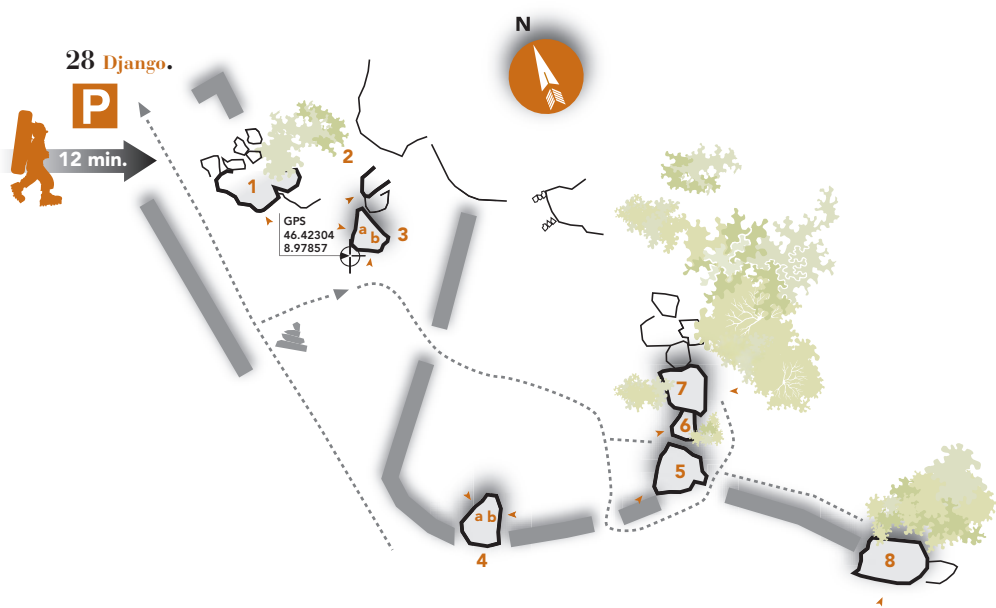


# Malvaglia.



# 27

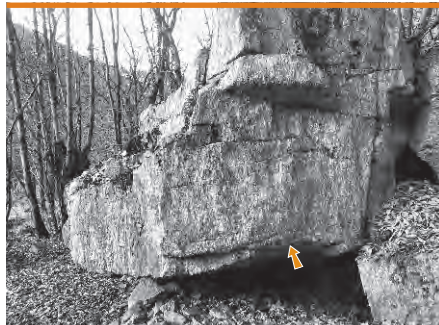
## Ganna della volpe




DIFFICOLTÀ	PASSAGGI
3 > 5+	3
6a > 6b	6
6b+ > 6c	5
6c+ > 7a	2
7a+ > 7b	4
7b+ > 7c	3
7c+ > 8a	1
8a+ > ...	-

## Masso 01

3 m

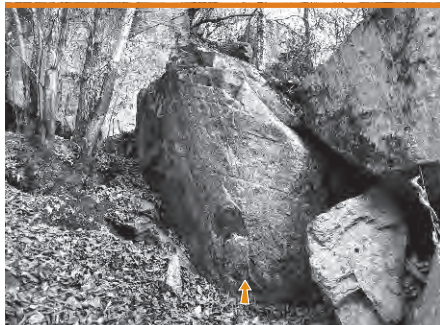


1


- 1 **La Mono**  7c  
 Bidito mano sx
- 

## Masso 02

4 m



1

- 1 **Ugoland**  6c
- 

## Masso 03a

7 m




1

2

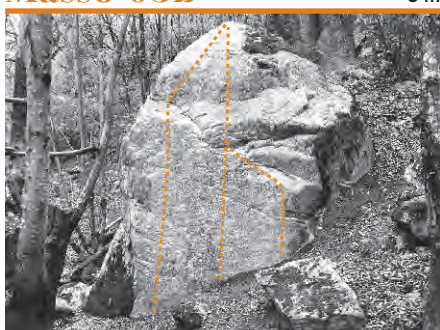
- 1 **Bullshit jobs**  6b+
- 

- 1A **Goku**  7a
- 

- 2 **Super Eroe**  6c
- 

## Masso 03b

6 m



3

4

5

- 3 **Bulma**  6b
- 

- 4 **Champa**  6a+
- 

- 5 **Free zer**  5+
- 


## Masso 04a

3 m



1

2

- 1 **Discu dens**  7c  
 Tricky
- 

- 2 **Festa campestre**  6a
- 

Seguire lo spigolo  
 Uscita come n. 1



Pietro Chiamonte

**Goku 7a**

📷 Francesco Campana

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## Cresciano Boulder

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2<sup>a</sup> edizione - 2006

3<sup>a</sup> edizione - 2008

4<sup>a</sup> edizione - 2013

5<sup>a</sup> edizione - 2023

Foto di copertina:  
Giuliano Cameroni

**Great Escape 8b**

📷 Francesco Campana

→ 📷 Francesco Pellanda

